

# Steps for Life 5K Walk

Register your team today!

28 locations across Canada including **Barrie on May 1st**



**Sunday May 2, 2010\***

(in most communities)

- *The* health and safety event of the year that **compliments your health and safety program.**
- **Lead as a champion of injury prevention** and as part of your on-going commitment to health and safety.
- Raise awareness during the kick-off of the North American Safety and Health Week (**NAOSH**).
- **Raise funds** for programs and services for families of workplace tragedy.
- **Get active** and outdoors in the spring for a worthwhile cause .
- Teams can be matched to **walk on behalf of a loved one.**
- Threads of Life is the **charity of choice for workplace health and safety events.**

- A fun and easy way to help families living in the aftermath of a workplace **fatality, life-altering injury or occupational disease.**
- All fundraising proceeds go directly to Threads of Life Family Support Programs and Services.
- Threads of Life is a national registered charity dedicated to supporting families of workplace tragedy. (Charitable Bus #87524 8908 RR001)



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[www.stepsforlife.ca](http://www.stepsforlife.ca); [www.threadsoflife.ca](http://www.threadsoflife.ca)

**threads**<sup>®</sup>  
OF LIFE

*Association for Workplace Tragedy Family Support*